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Principal: Ms Bonita Avery

★ Thursday ★ 5 August 2021 Week 3 & 4

www.empirevale-p.schools.nsw.edu.au

Term 3 School Captains

Congratulations to our Term 3 School Captains. We know Taj, Oceah & Tully will do their best in leading our school.



BCHS Work Experience

Welcome to our Ballina Coast High School Work Experience student – Lillian Tansley!!

Lillian will be working closely with our teachers throughout the week to gain a better understanding of what is required to be a well-prepared primary school teacher. We're looking forward to having Lillian's help and know that her drama skills, debating and maths knowledge will come in very handy in the classrooms.

RESPONSES DUE

Ph: 6683 4298

FNC Athletics (selected students)

Due ASAP

Congratulations!!!

Congratulations to Odynn Machell for being selected to join the BCHS year 7 class full-time. Odynn will be finishing up with us this week but we've had a wonderful 6 and a half years and we are very proud of his achievements!

Odynn will still be eligible to join our school to complete year 6 activities and eligible competitions (i.e. Soccer).

All the best, Odynn! We look forward to hearing about all of the new things you will be involved in as you make the early shift into High School life.



WEEK 3 & 4

Electronic Attachments

Permissions:-

Physical Attachments

- Receipts for payments (where required)
- Permissions (where required)
 - FNC Athletics

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COVID Guidelines - Update

Dear parents,

Please view the updated Department of Education guidelines for student and staff illness.....

- Parents/carers must be reminded regularly that students must not come to school if they are unwell. Even with very mild symptoms.
- Students and staff absent or sent home due to flu-like symptoms need to be tested for COVID-19
- Schools must sight the negative COVID-19 test result prior to allowing students and staff to return to school

Term 3:

- Pick-up and drop off procedures remain the same – please remain outside the school gate.
- Parents are still encouraged to remain distant from each other and the staff.
- No non essential visitors are allowed on school grounds.
- P&C meetings and meetings with teachers are allowed.
- Visitors MUST sign in anas well as QR code for COVID tracing. Masks must be worn and social distance maintained.
- External providers & other activities allowed under the current guidelines;
 - Music in Schools, Bundjalung Language,
 Sandology
 - o Scripture
 - Canteen / P&C meetings
 - Interschool debating & public speaking competitions (many of these activities are being conducted via zoom).
 - o Incursions
 - School-based sport
 - Singing in an outdoor classroom setting is allowed

- Currently restricted for term 3
 - o Excursions, overnight camps
 - Assemblies
 - Parent volunteers (other than canteen)

Ph: 6683 4298

 Interschool sport across Local Government areas can go ahead with a COVID plan i.e. our recent carnivals have had to be spectator free.

What you can do to help.....

 Practise good hygiene and help your children to practise good hygiene.



- Inform the school immediately if you have been in close contact with someone who has tested positive for COVID-19.
- Keep students at home if they are unwell.
- Practise 'Social Distancing'.
- Keep up to date with the latest COVID-19 updates from NSW Health

https://www.health.nsw.gov.au/Infectious/covid-19/Pages/latest-updates.aspx



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Junior Maths

For maths In the junior class one of our focuses is TEN (Targeted Early Numeracy). Every day the students play numeracy games designed to build their counting, addition and subtraction skills. They work in groups that are targeted to their ability and work on strategies to make them faster, more efficient and more confident in all areas of maths.

The students really enjoy our dice, card and domino games. Ask your child what they have been doing this week!







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National Tree Day

National Tree Day was held on July 30 and Empire Vale Public School will be planting native trees to celebrate! The senior class wrote letters to Ballina Shire Council (BSC) to request some 'koala friendly' native trees for our school grounds. BSC have provided us with just under 100 trees to help shade our school and provide a habitat for our birds and native wildlife.

River Of Public School

On the Public School

Area: 4,182.79 m²

Perimeter: 0.31 km

| Length: 0.10 km
| Bearing: 60.3661°

Aussie Backyard Bird Count - Every year, for the past 5 years, we have participated in the Aussie Backyard Bird Count. Our students have observed and researched the birds that are attracted to our grounds. Students have benefitted from the knowledge of community 'twitchers' who work with the school each year to build the students' knowledge of how to identify and care for the

birds in our local area.

Ph: 6683 4298



"How Cool is your school?" - Our senior class has been involved in a mapping/graphing activity to assess how much of our school is covered by shade trees. Disappointingly, we discovered that only 20% of our grounds have trees and that we have a potential 4,000m² that could be treed to provide a habitat for native birds and animals as well as an environmental learning space for the students.



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2021 Green Innovations Awards – Empire Vale Public School are finalists in the 2021 Green Innovations Awards. Our project is to raise awareness of the needs and threats to our local Koala population. We have worked with Friends of the Koala (Maria Matthes) to gain insight as to which trees would be best for increasing habitat for our local koala population. The recommendation is for; Swamp Mahogany, Forest Red Gum, Pink Bloodwood, Paperbark and Swamp Box with a recommended spacing of 1 tree for each 4-5m².

Thank you to Ballina Shire Council for supporting the school by providing us with trees and mulch.

Many of the trees we have on the school grounds were planted during previous Ballina Shire Council National Tree Day initiatives.



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Review - Athletics

What a terrific day at the Small School Athletics at Southern Cross PS.

Even without parents & carers cheering our children on, they did a fantastic job of doing their best and being great sporting champs.









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Congratulations to Gemma for being the Small Schools Senior Girls athletics champion and to Tully for being the Senior Boys runner up champion. Also a huge congratulations to Tully for breaking the Small Schools discus record with a throw of 21.06 metres!

Congratulations to all our younger athletes who competed on the day as well. It was lovely to see Liam and Grace win their age race and Shelby and Mackenzie take out 2nd place in theirs. Shelby also took out 3rd place in the high jump.



Another great day was held at Byron Bay on Friday July 30 for the District Athletics carnival.

We had a team of 55 athletes eligible to compete from the small schools and are proud to say that 14 of those were from Empire Vale.

Well done to Honey, Spiral, Mia, Lourdes, Jack, Harry, John Carlo, Koda, Oceah, Gemma, Sophie, Taj, Tully and Odynn!!!

The FNC is the next level for 5 of our athleties.

- Sophie, Taj, John Carlo and Harry will be competing for Empire Vale in the PP5 relay at the Far North Coast carnival.
- Sophie will be competing in the long jump after jumping a personal best with an impressive 3.56m to grab 3rd place at District.
- Tully will be competing in Shot Put (4th) and Discus (2nd)



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Review - SSPSSA Soccer Knockout

The Empire Vale P.S. soccer team competed in round of 16 against Broadwater earlier in the term and won with a convincing 6-0.

The team again displayed fantastic sportsmanship & skill. The date and venue of the quarter finals is yet to be set.

Thanks to Ms Smith & Darren Barnwell for supporting our students to another great result.

See our FaceBook page for more pictures.

Review - Southern Cross Community of Small Schools' (SXCSS) Spelling Bee

Ph: 6683 4298

Congratulations to all of our Spellling Bee competitors who competed in the Southern Cross Community of Small Schools'

Odynn respresented us in Stage 3

competition on Thursday.

Matthew, Blake and Harry respresented us in Stage 2 and Oceah, Gemma, Sophie and

Odynn was our best performer on the day advancing to round 5 with the winner being announced in round 6! Well done to all of our competitors.







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July

Thursday 29

SXCSS Spelling Bee Venue: Wardell Hall

Friday 30

PSSA District Athletics Carnival Venue: Byron Bay & National Tree Day

August

Monday 2 & Thursday 12

Premiers Debating Challenge Venue: Zoom

Friday 6

Sandology

&

Friends of the Koala

&

Tree Planting preparation Venue: EVPS

Thursday 12 Assembly

Friday 13

FNC PSSA Athletics Carnival Venue: Kingscliff

Tuesday 17

BCHS Yr6/7 Transition Venue: EVPS

Friday 20 TBC

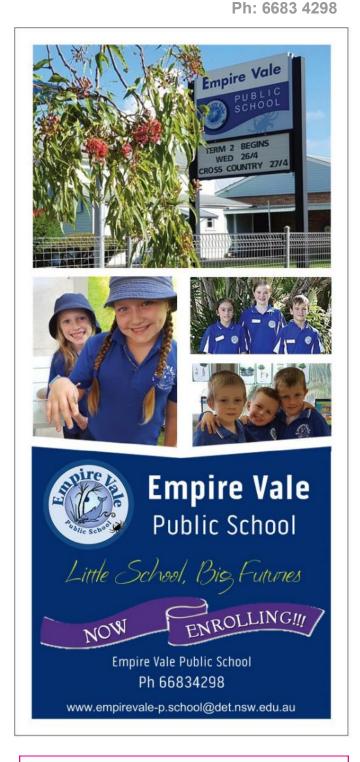
P&C AGM 3:30

Tuesday 24 TBC

Book Fair

Wednesday 25

Green Innovations finals Venue: Zoom





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Community News

P&C News

empirevalep.c@gmail.com

P&C AGM – Friday 20, 3:30pm All Welcome Canteen – The P&C is trialling 'special day' canteens each couple of weeks. The Mexican Feast was a huge success! Let us know if you're interest and able to assist or come along to the P&C AGM to find out more.

<u>P&C Membership & Insurance</u> – P&C membership and students insurance due as soon as possible please.

- P&C membership (\$7 per family)
- Student insurance (\$7 per student)

Payments made to the P&C - Please note that payments made to the P&C cannot be made via Parent Online Payments (POP) through the school. Payments to the P&C may be made by;

- √ Cash
- √ Cheque
- ✓ Direct Deposit (BSB 032 591 / Acc 378203)

Recipe of the Week

Hulk Fritters

Ingredients

500g frozen peas (thawed)

2 tablespoons parsley

3 eggs

250g ricotta cheese 2/3 cup self raising flour 1 large zucchini

Salt & pepper to taste



Ph: 6683 4298

Method

Smash peas & grate zucchini, combine in bowl with parsley, egg & flour.

Mix through salt, pepper, & ricotta.

Spoon small fritters into frypan & cook on medium high for ~2 mins a side, or until golden brown.



HEALTHYEATING ACTIVELIVING



